



# THE COMMUNITY *Connection*

NEWSLETTER • August 2014

## IT'S HOT!

Summer is here and many faithful volunteers are on vacation. It's a difficult time of year to cover all delivery routes on a daily basis. AND we are adding new seniors to the service who are at risk of malnutrition.

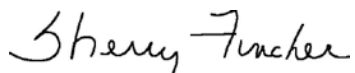
We need you! If you have 1 ½ hours a week and are interested in serving the community by delivering meals to homebound seniors, we have the perfect spot for you.

There are opportunities for individuals 18 years and older (our oldest volunteer is 92). Civic clubs and local corporate groups also deliver meals. Companies such as AAA have been volunteering for many years. Bimbo Bakeries and BankFIRST are our newest corporate groups.

If you think you might be interested in serving the community in this very special way, call us at (407) 333-8877, ext. 103 or visit our website, [www.mealsetc.org](http://www.mealsetc.org).

To learn about program guidelines and training, attend a volunteer orientation which is held on the first Friday of each month at 9:00 a.m.

Clients love volunteers! They always say it's the highlight of their day.

  
Sherry Fincher, Executive Director

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## MEET THE BOARD: WILLIAM ("BILL") JOHNSON



As a member of the Board of Directors for the last seven years, Bill has seen the scope of services at Meals on Wheels, Etc. continue to expand to meet the needs of our senior population and kids' meals programs. The mission of our senior programs, to allow our seniors to remain independent, age gracefully, and be able to remain in their homes, is also a common theme with Bill's company, LifeCare of Florida Therapy Services ("LifeCare Therapy").

As the owner and manager of LifeCare Therapy, Bill and his staff of trained therapists work with seniors throughout Central Florida, offering physical, occupational and speech therapy services, specializing in senior rehabilitation. "As our population ages, we have a duty to our seniors to keep them healthy and safe. Through senior programs like Meals on Wheels, Etc., and LifeCare Therapy we can help meet those responsibilities," says Bill. *(Continued)*

**The Mission of Meals on Wheels Etc. is to enhance the quality of life for young and old by providing appetizing, nutritious meals as well as support for seniors which enable them to maintain their independence and dignity.**

*(Continued)* As a Medicare Certified program, LifeCare Therapy works with over 200 seniors weekly, providing therapy services that allow their patients to remain active and safe. "Our senior programs address aging issues that all of us will face as we grow older, issue such as muscle weakness, impaired balance, walking difficulties, swallowing and safety concerns around the home with bathing/showering, climbing stairs and bathroom safety", Bill explains.

Bill attended Michigan State University and University of Central Florida earning a Bachelor's Degree in Business Marketing while working his way through school at Walt Disney World. Upon graduation, he started his business health care career, working for companies that managed therapy departments for hospitals, skilled nursing facilities and outpatient clinics across the country. Always interested in wanting to start his own company to meet the

needs of the aging population, Bill started LifeCare Therapy in 2003. Bill says, "What is great about LifeCare Therapy's senior services is that we provide those services to our patients either onsite at our clinic in historic Longwood, or we can travel offsite to our patients' homes for those having difficulty traveling to our clinic." In addition, LifeCare Therapy also contracts with home care agencies proving therapy services to their patients.

Bill believes that we need to continue the growth of senior programs. "As our 78 million baby boomers move into retirement age. It is imperative that we continue to support programs like Meals on Wheels, Etc." Bill is glad to be able to serve and support Meals on Wheels, Etc. for the last seven years and says, "With continued financial and volunteer support, we look forward to the expansion of programs we can continue to offer our seniors".

## **MEALS ON WHEELS, ETC. PARTNERS WITH MASTRO IMPORTS TO "SHARE THE LOVE"**

*Subaru's "Share the Love" event helps deliver nutritious meals and compassion to Seminole County seniors.*

Meals on Wheels, Etc. is proud to announce its partnership with Mastro Imports to help put an end to senior hunger. For several years, Mastro Imports has volunteered to deliver meals to homebound seniors to raise community awareness and participation to support local seniors in need. This local effort is part of the Meals On Wheels Association of America's participation in the national Subaru of America, Inc. "Share the Love" event, designed as a way for Subaru dealers to give back to their communities. Local Meals on Wheels programs, that partner with Subaru dealerships, are eligible to earn grants of up to \$35,000.



## DR. PAUL AND MRS. CARMEN WILSON



Once a Marine, always a Marine! Paul enlisted in the Marine Corps in 1943. He saw extended combat in WW II, Korea and two tours in Vietnam. Wounded twice during his 35 years of service, he retired as a Colonel in 1977. After retirement from the Military, Paul and Carmen settled in Central Florida. Paul continued his graduate education, and for the next 20 years, he taught and directed a variety of programs in Central Florida. He eventually became a full professor at the University of Orlando (which became Barry University) where he continued to teach until he retired in 2002.

As a military wife, Carmen worked with the Navy Relief Society wherever Paul was stationed. This would start her life-long commitment to helping families in need. Carmen would gather items (cribs, bikes, toys) and Paul would repair and refurbish them. Carmen always made sure that if someone needed anything, she would do her best to help.

When Paul retired from the military, Carmen worked for several years as an RN Instructor for Orange County Public schools. After a few years in the classroom, she was ready to start a new career and began working for Seniors First in Orlando, where she worked for the next seven years with seniors and their families. During her time at Seniors First, Carmen maintained a list of needy clients for whom she would seek donations. When the opportunity arose for a "Donations Coordinator" position at Better Living for Seniors (now Meals on Wheels, Etc.), Carmen was the perfect person for the job. She has been working with Meals on Wheels, Etc. since 1994. Although she does not have to work, she still enjoys being in the office part time. She continues to work with her many community contacts to secure donations for seniors in need. She says "That is my special way of helping the poor and needy. As one who knows that role, I feel most grateful to God, for allowing me to be in a position to help the poor and needy. It is my way of expressing gratitude".

Dr. Paul turned 89 and Carmen turned 82 this year. They are still having fun after 46 years of marriage and a lifetime of service to the community and country. Carmen and Paul Wilson are an inspiration to us all.

## COMMUNITY CHAMPION

Sanford Mayor Jeff Triplett takes time out of his busy schedule to deliver meals to Meals on Wheels client, Patricia Race.



## ORLANDO SENTINEL FAMILY FUND

Thank you again, Orlando Sentinel Family Fund, a McCormick Foundation Fund, for your support of the Meals on Wheels program. Lisa Jacobsen, of the Orlando Sentinel, visited the Meals on Wheels Kitchen and presented a \$40,000.00 check to Executive Director, Sherry Fincher and Chef Delano.



## LIBERTY MUTUAL "SERVE WITH LIBERTY" CAMPAIGN

Thank you, Liberty Mutual volunteers, for working in the kitchen again this year. We appreciate Liberty Mutual for choosing Meals on Wheels as a beneficiary of their good deeds in the community.



## CONTRACTOR TO THE RESCUE

Thanks to Richard Haines (RLH Construction) and his associate, Ken Bowers, Sam Rabinowitz can safely get into his own home. The sidewalk into the Rabinowitz home was not suitable for the wheelchair that Sam must use. Meals on Wheels client, Yvonne Beasley, was faced with the same situation at her home - no safe access using a wheelchair. Richard and Ken came to the rescue once again! Both Yvonne and Sam are very happy to have a safe way to enter their homes.

RLH Construction has volunteered to help Meals on Wheels, Etc. for several years and has completed numerous "Wheelchair Ramp" projects. RLH employees also volunteer to work in the Meals on Wheels kitchen.



## MARCH FOR MEALS

Thanks to all the great sponsors and volunteers, we had another fun March for Meals this year. A very special thank you is due The LIMU Company for their very generous support of the MOW program.



MEALS ON WHEELS ETC. PROVIDES THE FOLLOWING SERVICES TO SENIORS IN SEMINOLE COUNTY:  
Home Delivered Meals • Neighborhood Dining • Transportation • Chore Services  
Homemaker Services • Home Weatherization

**THANK YOU**

**FOR PROVIDING FUNDING TO MEALS ON WHEELS, ETC.**

- |   |   |   |
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| Altamonte Springs Women's Club                | Harriett Lake   | The Chatlos Foundation, Inc.                                  |
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| The Edyth Bush Charitable Foundation          | Life Care Centers of America                              | The Edmund and Afton Greenwell Foundation                     |
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| Florida Power and Light Company               | Seminole County Board of County Commissioners             | Women's Club of Sanford                                       |
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**IN MEMORY OF**

**DONOR.....IN MEMORY OF**

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| Cyndee & Gregg Oldfield .....    | W. Duane Snell                           |
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| Linda Daniels .....              | Dorreen Daniels and Marjorie Hagy        |
| Valerie Boykin .....             | Royce and Earther Williams               |

**SAVE THE DATE**

**October 3, 2014**  
**Annual Volunteer BREAKFAST**

**October 18, 2014**  
**John Charles Benefit Concert**  
Tickets available at [WWW.WDPAC.com](http://WWW.WDPAC.com)

**IN HONOR OF**

- |                                 |   |
|---------------------------------|---|
| <b>DONOR</b>                    | <b>IN HONOR OF</b>                              |
| Robert and Judith Sellers ..... | Cal and Phyllis Conklin                         |
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| Marilyn Graves .....            | Son and Grandsons                               |
| Sarena Parks Fisher .....       | Alicia Clarke                                   |
| Lilly Lobato Gillam .....       | My sister and long time volunteer Dianne Bowser |
| Thomasa Sanchez.....            | Skylar Sanchez - Birthday                       |
| Sarah Joseph.....               | Skylar Sanchez - Birthday                       |
| Brenae N. Robinson.....         | On behalf of struggling families                |
| Melody Garcia-Muniz.....        | On behalf of all that are hungry                |
| Sabrina Burke.....              | Sabrina Burke & Family                          |

**FOR MORE INFORMATION**

CALL **(407) 333-8877**  
OR VISIT OUR WEBSITE:  
**WWW.MEALSETC.ORG**

Memorials and other gifts are unique ways to remember friends and family members who have passed on. Instead of flowers, family and friends may send donations to Meals on Wheels, Etc. in memory of a loved one. Your will is your last opportunity to do something nice for those you love and it's an opportunity to do something nice for programs that help other people. It is the gift that keeps on giving. There are many other ways of giving: Cash Donations, Contributions of Stocks and Bonds, Real Estate, Life Insurance, Beneficiary Charitable Lead, Remainder Trust & Life Estate Arrangements.

If you or someone you know is interested in making a donation, please call Hugo Hernandez at (407) 333 8877 ext. 112.



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## CALVARY TEMPLE OF PRAISE

Thank you, Pastor Wright and the Calvary Temple of Praise congregation, for supporting Meals on Wheels with your thoughtful donation of \$2,000.00.

*Photo: Sherry Fincher, Pastor Paul Wright, Rubie Pettway and Irene Seltzer*



## UPDATE VOLUNTEER: DOUGLAS J. MACTYE II

He did it!!! As family and friends looked on, Douglas was honored for achieving the rank of Eagle Scout. Well done, Douglas, and thanks for choosing Meals on Wheels as the beneficiary of your Eagle Scout Service Project.

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**Home Delivered Meals • Neighborhood Dining • Transportation • Chore Services**  
**Homemaker Services • Home Weatherization**