



Et Cetera

Quarterly Newsletter, January 2026

INSIDE THIS ISSUE:

Page 1

- Orlando Health

Page 2

- Christmas Day Delivery

Page 3

- Volunteer of the Quarter

Pages 4 & 5

- Neighborhood Dining Client
Holiday Parties

Page 6

- Volunteer of the Year

Page 7

- Upcoming Events



Happy
New Year

ORLANDO HEALTH®

We kicked off 2026 with a bang! We are pleased to announce that on Friday, January 16th, we celebrated a “first” for Meals on Wheels, Etc. Orlando Health was announced as the 2026 sponsor of the Casselberry Neighborhood Dining Program. As part of the sponsorship, Orlando Health’s name and logo will be displayed during the daily programs at the Casselberry Recreation Center. The organization has long been a partner with Meals on Wheels, Etc., and they plan to continue regular involvement at the site.

Thank you Orlando Health!

Christmas Day Delivery

Every year, our Adopt-A-Senior for the Holidays Campaign gets better and better. Christmas morning at the Meals on Wheels office was filled with over 130 happy, festively-dressed volunteers and staff ready for their Christmas morning deliveries. We want to “thank” everyone who supported the campaign this year. This event would not be possible without the support of our wonderful community, who donated over 500 gift baskets/bags/stockings for delivery to about 230 clients. And, we have a great appreciation and gratitude for our volunteers, who came out bright and early on Christmas morning to share this special moment with us. We are already looking forward to Christmas 2026!



Congratulations!
Volunteer of the
Quarter
October-December, 2025

Congratulations to **Lisa Ingari**, Volunteer of the Quarter. Lisa has been a volunteer for Meals on Wheels for many years, first as a volunteer for the Oviedo area 1990-2002. She changed to her current area of Chuluota in the summer of 2013.



She shares that she has always loved delivering meals and felt the need to serve and give back to the community in some way. Lisa raised three “kiddos” while volunteering and remembers bringing her daughter along when she was 2 years old. One client in particular, Mrs. Hill, would scoop her up and give her the sweetest hugs.

The thing that Lisa enjoys the most about delivering meals are the conversations and forming relationships with the clients. Most clients are very grateful for, not just the meals, but the time you spend with them. We are sometimes the only person they get to interact with each day. And she loves hearing their personal stories and the history about our “little” Oviedo and Chuluota, which aren’t so little anymore.

Lisa says, “As a volunteer, I find this so rewarding.” Thank you, Lisa for all you do for Meals on Wheels, Etc. We appreciate the care and compassion you bring to your volunteer role.

Neighborhood Dining Client Holiday Party - Casselberry

This year's party was a blast with clients, staff and volunteers dressed so festive. Look - we even had two Santas. The clients enjoyed a Pin the Nose on the Reindeer game, singing and dancing, as well as a delicious lunch and some awesome door prizes. All clients also received a stocking filled with Christmas goodies.



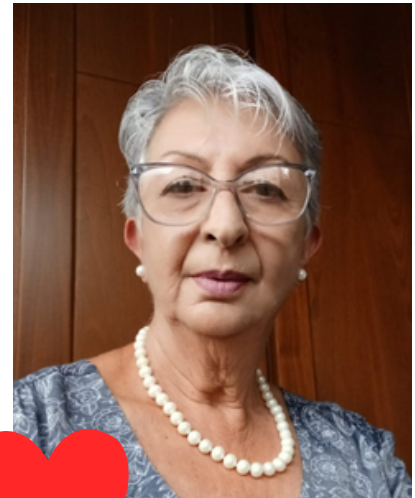
Neighborhood Dining Client Holiday Party - Serenity Towers

Our Serenity Towers client party was just as fun but with some different offerings. This year, our Santa was who? Yes, Executive Director Mike McKee. We also had a visit from Elaine Allison, who generously created coffee mugs filled with coffee, tea or cocoa and shared them with the clients. And, Irma Ulloa shared a castanets performance with us. All clients also received a stocking filled with Christmas goodies.



Congratulations! **Neighborhood Dining** **2025 Volunteers of the Year**

Martha Hindes has been volunteering at Casselberry for about a year and a half. After moving to the area and being retired, she was looking for an opportunity and found us. She says, “Every day is a new and interesting experience with the elderly; their personalities, histories and the trust they place in me makes it a rewarding experience every single day.”



Martha was also acknowledged for her 498.5 hours of service at the dining site.

Sheri DeFreest started her volunteer adventure with us almost 2 years ago, starting out as a Home-Delivered Meals volunteer, but then decided to try out Neighborhood Dining.



She says, “Volunteering at Serenity has increased my compassion and sense of community enrichment.” She looks forward to the weekly Bingo game and chatting with the clients. After many years of not having time to give back and help the community, she says Meals on Wheels has given her a renewed purpose.

Upcoming Events

mealsetc.org/events

Mardi Gras
Saturday, February 21
4-9 PM
Downtown Sanford



MARCH FOR MEALS WALK AND BRUNCH

MARCH 14 | 8:30-10:30 A.M.

📍 CRANES ROOST PARK, ALTAMONTE SPRINGS

Join us for our walk/run around the beautiful Cranes Roost Park. Enjoy music, a tasting menu from our own Top Hat Catering, a 50/50 raffle, and MORE! All in support of our seniors in Seminole County.



Register Today!

Event Sponsorships available: Contact Dawn Garrison
407-333-8877, ext. 103 for details!

2801 S. Financial Ct., Sanford, FL 32773

Meals on Wheels, Etc.'s newsletter is published quarterly and shared with friends of the organization. We welcome suggestions and feedback on the publication and ask that they be sent to: Meals On Wheels, Etc., Attn: Et Cetera, 2801 S. Financial Ct., Sanford, FL 32773