



FACT SHEET

NEIGHBORHOOD DINING

Overview

Our mission is to enhance the quality of life for young and old by providing appetizing, nutritious meals as well as support services for seniors which enable them to maintain their independence and dignity.

Food, fun, friends, and fellowship ...

Meals on Wheels, Etc. has Neighborhood Dining Sites at two locations in Seminole County. Also known as Congregate Dining, the program is designed for active seniors to promote good nutrition, socialization, and community involvement, thereby enhancing physical and psychological well-being.

Each of our Neighborhood Dining Sites operates Monday through Friday from 9 a.m. to 12:30 p.m. (excluding holidays) and has a dedicated site manager. These sites are sponsored by Orlando Health and AdventHealth.



Participation

All seniors 60 years of age and older, along with their spouses of any age, are welcome to join us for lunch at one of our Neighborhood Dining Sites.

Reservations are required at least two days in advance, which can be made by calling Meals on Wheels, Etc. at 407-333- 8877, ext. 118, or in person at a Neighborhood Dining Site during normal operating hours.



Menu and activities

A monthly menu and information on other programs, both social and informational, is available at each Neighborhood Dining Site.



Cost to participate

We depend on voluntary contributions from participating seniors to help cover the costs of providing meals at our Neighborhood Dining Sites.

Although there is a suggested contribution of \$2.50 per person, no one is ever turned away, and contributions in any amount are gratefully accepted.

How you can help?

Your donations to Meals on Wheels, Etc. help make this and other programs available for seniors in our community. Please contact us if you would like to donate or visit us online at mealsetc.org.

Volunteers play a significant role at Meals on Wheels, Etc. and this includes supporting our Neighborhood Dining Sites. Whether an hour a week, once a month, or just on special occasions ... we would love to have you join our team of volunteers.

Sponsorship opportunities are available. Partner with us to support these incredible initiatives and help those in need.



Meals on Wheels, Etc. is a non-profit 501(c)(3) serving Seminole County seniors since 1973.

For more information:

📞 407-333-8877

🌐 mealsetc.org

📍 2801 S. Financial Court, Sanford, FL 32773