



FACT SHEET

OUR SERVICES

Overview

Our mission is to enhance the quality of life for young and old by providing appetizing, nutritious meals as well as support services for seniors which enable them to maintain their independence and dignity.

Services we provide include...



Home Delivered Meals

Offered for homebound seniors, all meals are prepared daily in the Meals on Wheels, Etc. kitchen. Each meal provides one-third of the Recommended Daily Allowance (RDA) and are approved by a licensed nutritionist.



Neighborhood Dining

Seniors seeking companionship, activities and a hot, nutritious meal are invited to join us at one of several Dining sites located throughout Seminole County.



Transportation

We offer seniors door-to-door transportation to our Neighborhood Dining sites and shopping, Monday to Friday from 7:30 a.m. to 2:30 p.m.



Care Coordination

Care coordination provides resources and access to programs and services, so seniors can live independently or with caregivers in their own homes and communities.



Home Improvements (Chores & Homemaking - license #233369)

With the help of volunteers, local businesses, and civic organizations, we can provide home repairs and chore services such as yard cleanup, pressure washing, minor repairs, and the installation of safety features.



Weatherization

Weatherization assistance is provided through a federal grant to help reduce the heating and cooling costs, by improving the energy efficiency of homes. The program is open for low-income persons, particularly the elderly and disabled.



Energy Bill Assistance (EHEAP)

The Emergency Home Energy Assistance Program for the Elderly (EHEAP), a 100% federally funded program, helps eligible seniors pay energy bills in an emergency.

Meals on Wheels, Etc. is a non-profit 501(c)(3) serving Seminole County seniors since 1973.

For more information:



407-333-8877



mealsetc.org



2801 S. Financial Court, Sanford, FL 32773



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Legal Aid

We work closely with Legal Aid to help low-income seniors, veterans, and residents of Seminole County at large resolve civil legal matters including:

- Family law matters
- Private landlord/tenant matters
- Temporary custody by extended family
- Guardian advocacy
- Estate planning



Top Hat Catering

Our Top Hat Catering division provides a way to diversity funding for the essential services we provide to our senior community as well as providing gourmet meals with a flair for our catering events.

Learn more about
our catering



PARTNERS



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