



Et Cetera

Quarterly Newsletter, April 2026

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Thank You!

We are pleased to announce that AdventHealth was recently announced as the 2026 sponsor of the Serenity Towers Neighborhood Dining Program. As part of the sponsorship, AdventHealth's name and logo will be displayed during the daily programs at Serenity Towers. The organization has long been a partner with Meals on Wheels, Etc., and they are already planning many fun things for the clients there.

The volunteer team loves to pamper our clients with fun crafts, painting the ladies' nails for holidays, and also provide them with medical educational information.

Thank you AdventHealth!

March for Meals Walk and Brunch

Our annual March for Meals Walk and Brunch was held on Saturday, March 14 at Cranes Roost Park in Altamonte Springs. This year's event was enjoyed by over 350 people, who came out early to walk for a cause!

The event kicked off with a warm-up jazzercise routine led by Jazzercise Orlando Lake Mary Fitness Center. Executive Director, Mike McKee welcomed our guests at 8:30 am, many displaying this year's event T-shirt for a 3.1 mile walk around the beautiful lake. We had volunteers from Lake Brantley High School and BNY cheering the walkers on with their red, white and black pom poms and clappers.





Next up, a delicious brunch prepared by our very own, Top Hat Catering, featuring a waffle station with fresh mixed berries and more!

And, finally it was time for our 50/50 raffle drawing at \$1,700. And the winner is..... Lydida Cason - taking home \$800 (with a \$50 donation back to Meals on Wheels, Etc.)



And finally, none of this would be possible with our event sponsors! We are blessed to have the support of these organizations, not only for this event but throughout the year. Each of them play a key role in the success of Meals on Wheels, Etc. and helping us meet the needs of our senior community!

Thank YOU!

----PLATINUM SPONSORS----



----GOLD SPONSORS----



----SILVER SPONSORS----



----OTHER SPONSORS----



Nations Traffic Safety School

Nations Traffic Safety School was a first-time sponsor for this year's March for Meals Walk and Brunch. However, we have had a long-time relationship with them for many years, as they provide a driver course for our transportation crew, and donate on a regular basis.

Save 10% on Your Auto Insurance

**Are you 55 or Older?
Are you a Florida Resident?**



--- By Law (per F.S. 627.06501) ---

**Your Insurance Company will give you up to a
10% Discount for 3 Years when you complete the**

Mature Driver Course

\$14.95
Online Class



**Fifteen percent (15%) of your Tuition goes to
Meals on Wheels, Etc.**

What some of you may not know, is they offer a "Mature Driver Course" for adults 55 and older.

By taking this online course, your insurance company will give you up to 10% discount for 3 years.

And, 15% of your tuition goes back to Meals on Wheels, Etc.

Scan the QR code to learn more!



See More and Enroll at

**Nations Traffic School
www.NationsTraffic.com**

Tampa --- Orlando --- Kissimmee

Congratulations! **Volunteer of the** **Quarter** **January-March, 2026**



Congratulations to Dorothy Evans, Volunteer of the Quarter. Dorothy has been a volunteer for Meals on Wheels, Etc. for over 15 years. One of her daughter's friend's mom delivered meals and loved it. Then Dorothy saw memo in her church bulletin that volunteers were needed, so she signed up. Dorothy does a double route in Sanford and has been doing so for about 10 years. As shared by a fellow volunteer, "Dorothy is very friendly and helpful to her clients."

When asked what the most rewarding thing about her volunteer experience is, Dorothy shares this, "When you can do something for someone, out of the goodness of your heart, and not expect anything in return, it's pure joy!"

She feels she could write a book about the many client stories because there are so many of them. As a volunteer, you learn so much about each client, where they come from, their financial situation, their health issues, and of course about their families far and near.

Dorothy encourages anyone who can spare a little time out of your week to do so. YOU can make a difference in someone's life by being a volunteer and it is always a good thing to help someone if you can.

We are grateful to have Dorothy as one of our volunteers, and so thankful for her dedication to the senior clients on her two Sanford routes.

Upcoming Campaigns/Events

mealsetc.org/events

hundredx[®]

June 1 - June 30

We are excited for our upcoming HundredX
2026 Campaign.

Meals on Wheels, Etc. has been participating in the HundredX Campaign since 2022, making this our 5th year partnering with such a great company. With the help of our staff, volunteers, family, friends and supporters, we earned close to \$37,000. This money goes directly to our budget to assist Seminole County seniors by providing them the necessary programs and services they need.

This year, we have the opportunity to earn \$15,000 in one month. But we can't do it without your help. It costs you nothing but TIME. Your time can turn into a \$120 donation for us.

Be sure to look for campaign details in your email and/or social media posts in late May!

2801 S. Financial Ct., Sanford, FL 32773

Meals on Wheels, Etc.'s newsletter is published quarterly and shared with friends of the organization. We welcome suggestions and feedback on the publication and ask that they be sent to: Meals On Wheels, Etc., Attn: Et Cetera, 2801 S. Financial Ct., Sanford, FL 32773
