# Adopt a Senior for the holidays

Share the spirit of Christmas by donating a gift basket or gift bag for a **Meals on Wheels, Etc.** client.

## Important reminders

- All baskets must be **wrapped in clear plastic**. Recycled gift bags and baskets are welcomed.
- Gift baskets/bags must be marked **(male or female)**.
- If you are donating more than 15 gift baskets/bags (from one location), please call us and Meals on Wheels, Etc. will pick up.
- The baskets and fresh, hot meals will be distributed Christmas morning



**Deliver gifts to the Meals on Wheels, Etc. office**

Nov. 23 through Dec. 16, 9 a.m.- 3 p.m. (Monday-Friday)

## Suggested items to include

- Personal care items (hand lotion, perfume, nail polish, lipstick, after-shave)
- Flashlights with batteries included
- Stationery, greeting cards with stamps
- Jewelry (pins, earrings, necklaces, bracelets)
- Small hand & dish towels
- Socks – male/female (all sizes)
- Slippers – male/female (all sizes)
- Gift cards (Wal-Mart, Target, Publix) Elderly clients often use these cards to pay for pharmacy items.
- Candy (Chocolate, hard or sugar free )
- Cookies
- Change purses
- Crossword puzzles (large print)
- Trinkets
- Adult coloring books and crayons or pencils




## Contact us for more info:

407-333-8877 ext. 104

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